

Planning Timeline

Post High School (21+)

Health insurance (26+)
Employment
SNAP

Agency or Self Directed

Personal Life (significant other, friends, etc)

Additional Education

Parent Legacy Estate Plan (individual)

Middle School

The

IEP/504 Therapies (OT/PT/etc)

Hobbies/Sports

Environment (home school/private/etc)

Diploma/Certificate

Psychological Evaluation



Diagnosis

Resources

Next Steps

Financial Plan

Apply for Services (waiver programs)

Elementary School

IEP/504

Therapies (OT/PT/etc)
Hobbies/Sports

Environment (home school/private/etc)

High School

IEP/504

Therapies (OT/PT/etc)

Hobbies/Sports

Environment (home school/private/etc)

Diploma/Certification

Start Transition Planning (age 14)

College Planning

Employment (Pre-ETS)

Drivers license/State ID

Psychological Evaluation

Introduce to Law Enforcement



Next Steps

- Connect the family with resources
 - National Down Syndrome Society, Autism Speaks, NORD, etc.

- Apply for services
 - (Medicaid Waiver, SSI, etc)

- Get a clear picture about their finances (a "financial plan")
- Learn about Special Needs Trusts and Estate Planning



Elementary & Middle

- IEP/504
- Therapies (OT, Music, etc)
- LISS Funding
- Hobbies/sports
- Diploma or certificate
- Psychological evaluation

High School

- Start Transition Planning
- Driver's license/state ID
- Employment (Vocational Rehabilitation)
- Introduce to Law Enforcement
- College planning
- Psychological evaluation

18+



Ages 18 - 21

- Services (Private Pay)
- Social Security
- Selective Service (males)
- Employment (Vocational Rehabilitation)
- Guardianship or Supported Decision Making
- Register to vote
- Housing
- Freeze Credit
- Addt'l education (college, trades, etc)

Ages 21+

- Employment (Vocational services)
- Agency or self-directed
- Personal life
- Parent legacy
- Estate plan (individual)
- Health insurance (26+)





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https://truenorthdisabilityplanning.com/