Family Support Center

Updates

SY 2021-2022
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SUPPORT GROUP
SUPPORTING BEHAVIOR CHANGE

Session 1 - 10/28/2021 - Overview of support group and ABA
Session 2 - 11/18/2021 - Basics of Behavior
Session 3 - 12/16/2021 - Prevention/Antecedent Strategies
Session 4 - 01/21/2022 - Positive Reinforcement
Session 5 - 02/24/2022 - Consequences
Session 6 - 03/24/2022 - Compliance
Session 7 - 04/21/2022 - Functional Communication
Session 8 - 05/26/2022 - Task Analysis and Chaining
Session 9 - 06/09/2022 - Prompting/Generalization/Maintenance

This support group will use principles of Applied behavior Analysis (ABA) to help parents understand and address problem behaviors that their child may exhibit at home and/or school.

TO REGISTER BY PHONE CALL: 301.431.5675

LOCATION: ZOOM ROOM
TIME: 6:30-8:00
REGISTER TODAY!

LINK: HTTPS://TINYURL.COM/FSCBEH

PARENT WELLNESS SUPPORT GROUP

This group will provide parents with support, tools, strategies, and resources. Our goal is to help parents "refuel" while lowering their levels of stress, frustration, and anxiety. Parents will learn to support their own mental well-being as well as that of their family members.

Session 1 - 10/21/2021 - It’s Okay to Feel & Embrace Your Emotions
Session 2 - 11/18/2021 - Know Your Values & Maximize Your Strengths
Session 3 - 12/09/2021 - Harness Your Energy & Refuel Your Tank
Session 4 - 01/13/2022 - Set Intentions, Stay Centered & Focused
Session 5 - 02/10/2022 - You Matter: Life Hacks for Taking Care of You
Session 6 - March 2022 - ***Parent Empowerment Conference
Session 7 - 04/07/2022 - You Are Enough: Setting Realistic Expectations
Session 8 - 05/12/2022 - Reflecting on the Journey & Counting Your Wins
Session 9 - 06/09/2022 - Summer Fun

TO REGISTER BY PHONE CALL: 301-431-5675

Location: Zoom Room
Time: 6:30 p.m. - 8:00 p.m.

Register Today
Facilitators:
Yvette Young, LCSW-C
Beth Diaite, Ed.D., BCBA

Register Today Link: https://tinyurl.com/FSCMWEW
Virtual Parent Empowerment Conference

March 20 to April 30

10th Annual Parent Empowerment Conference

Session Recordings and Additional Video Resources
Save the Date

11th Annual Parent Empowerment Conference

- **Keynote Speakers:** Dan and Samuel Habib
- **Tentative Date:** March 19, 2022